

# High Five

Wednesday 4<sup>th</sup> April 2018 – Swimming Fun Day  
9.30am – 2.00pm  
Meet at Interchange Gippsland Morwell office

Tuesday 10<sup>th</sup> April 2018 – Jump & Climb Extravaganza!  
10.00am – 1.00pm  
Meet at Jump & Climb Traralgon



## INTERCHANGE GIPPSLAND IS A REGISTERED NDIS PROVIDER

### Venue & Costs:

4<sup>th</sup> April – Morwell Leisure Centre \$10  
10<sup>th</sup> April – Jump & Climb Traralgon \$35

### What to Bring:

- Medication (If required)
- Companion Card
- Lunch, Snacks & Water Bottle

Note: Please leave electronics at home...

### IMPORTANT NOTE

We are transitioning to an online registration process for all our activities.

Registrations can be made by visiting the Activity Bookings page on our website: [www.icg.asn.au](http://www.icg.asn.au)

### NDIS Benefits and Outcomes

- Social participation in the community
- Meet new people and develop friendships
- Increase your capacity to access your local community
- Development of your life and independent living skills
- Improve and develop your communication skills
- Opportunity to access new activities and try new things
- Self care for carers and participants

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ONCALL AFTER HOURS – 0456 003 435



To contact Support Staff during the trip or for last minute after hours contact please call 0438 025 170 or 0417 371 129