

Friends for Life April Activities

Thursday 5th April

Yallourn North Hotel

Cost: \$20-30

Thursday 12th April

Jump & Climb & takeaway dinner (don't forget socks!)

Cost: \$16 + \$10

Thursday 19th April

Duck Inn, Willow Grove

Cost: \$18 steak night or \$20-30 meals

Thursday 26th April

1917 Café, Erica

Cost: \$18 schnitzel night



To contact Support Staff during the trip or for last minute after hours contact immediately before or during the trip call **Trip Ph 1 on 0427 347 656**

If your inquiry is during business hours please call our office on 1300 736 765

Please RSVP by Monday 2nd April

Via the Activity Booking tab on www.icg.asn.au

All program inquiries to Kaytlyn on 1300 736 765 or kaytlyn@icg.asn.au

66 Commercial Road,
Morwell 3840

70A Watt St
Wonthaggi 3995

t - 1300 736 765

e - admin@icg.asn.au

www.icg.asn.au

www.facebook.com/InterchangeGippsland



Find us on
Facebook

Thursday 5th April		
	Bus Departure	Bus Arrival
Moe Kmart	4.00pm	8.00pm
Interchange Morwell	4.15pm	7.45pm
Traralgon Train Station, opposite side of train tracks on Queens Parade	4.00pm	8.00pm

Thursday 12th April		
	Bus Departure	Bus Arrival
Moe Kmart	4.00pm	8.00pm
Interchange Morwell	4.00pm	8.00pm
Traralgon Train Station, opposite side of train tracks on Queens Parade	4.15pm	7.45pm

Thursday 19th April		
	Bus Departure	Bus Arrival
Moe Kmart	4.00pm	8.00pm
Interchange Morwell	4.15pm	7.45pm
Traralgon Train Station, opposite side of train tracks on Queens Parade	4.00pm	8.00pm

Thursday 26th April		
	Bus Departure	Bus Arrival
Moe Kmart	4.00pm	8.00pm
Interchange Morwell	4.15pm	7.45pm
Traralgon Train Station, opposite side of train tracks on Queens Parade	4.00pm	8.00pm

Benefits and Outcomes

- Social participation in the community
- Meet new people and develop friendships
- Increase your capacity to access your local community
- Development of your life and independent living skills
- Improve and develop your communication skills
- Opportunity to access new activities and try new things
- Self care for carers and participants

PLEASE NOTE:

We are transitioning to an online registration process for all activities.

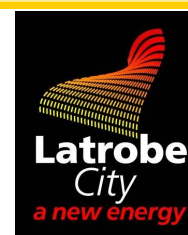
Registrations can be made by visiting the Activity Bookings page on our website: www.icg.asn.au



Find us on
Facebook

<http://www.facebook.com/InterchangeGippsland>

Like us on facebook and hear about all our upcoming programs immediately



INTERCHANGE GIPPSLAND
Offices in Morwell and Wonthaggi